

Curriculum Map Overview

Academic Year: 2026-2027



Year Group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Foundation	Locomotion Walking	Hands 1 Ball Skills Hands 1	Dance Nursery Rhymes	Gymnastics Moving	Hands 2 Ball Skills Hands 2	Rackets, Bats and Balls Rackets, Bats, Balls and Balloons
	Locomotion Jumping	Gymnastics High, Low, Over, Under	Feet Ball Skills Feet	Dance Ourselves	Dance Dinosaurs	Attack v Defence Games For Understanding
Year 1	Running Running	Hands 1 Ball Skills Hands 1	Feet Ball Skills Feet	Hands 2 Ball Skills Hands 2	Jumping Jumping	Team Building Team Building
	Gymnastics Wide, Narrow, Curled	Gymnastics Body Parts	Dance Growing	Dance Water	Attack v Defence Games For Understanding	Rackets, Bats and Balls Rackets, Bats and Balls
Year 2	Locomotion Dodging	Hands 1 Ball Skills Hands 1	Feet Ball Skills Feet	Hands 2 Ball Skills Hands 2	Team Building Team Building	Dance Explorers
	Gymnastics Linking	Jumping Jumping	Gymnastics Pathways	Dance Water	Attack v Defence Games For Understanding	Rackets, Bats and Balls Rackets, Bats and Balls
Year 3	Invasion Tag Rugby	Invasion Handball	Invasion Netball	Dance Wild Animals	Net/Wall Tennis	Outdoor Adventure Activities Communication & Tactics
	Game Sense Game Sense Invasion	Dance Weather	Gymnastics Symmetry & Asymmetry	Athletics Athletics: Throwing & Jumping	Athletics Athletics	Striking & Fielding Cricket

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Year 4	Invasion Hockey	Game Sense Game Sense Invasion	Gymnastics Bridges	Dance Cats	Net/Wall Tennis	Outdoor Adventure Activities Problem Solving
	Swimming Swimming	Dance Space	Invasion Dodgeball	Athletics Athletics: Running	Athletics Athletics	Striking & Fielding Rounders
Year 5	Invasion Hockey	Gymnastics Flight	Invasion Basketball	Dance The Circus	Athletics Athletics	Outdoor Adventure Activities Orienteering
	Dance Street Art	Swimming Swimming	Gymnastics Counter Balance & Counter Tension	Game Sense Game Sense Invasion	Net/Wall Badminton	Striking & Fielding Cricket
Year 6	Invasion Hockey	Dance Carnival	Gymnastics Matching & Mirroring	Dance Prejudice and Discrimination	Athletics Athletics	Outdoor Adventure Activities Leadership
	Gymnastics Creating Sequences	Game Sense Game Sense Invasion	Invasion Netball	Athletics Athletics: Competitions	Net/Wall Badminton	Striking & Fielding Rounders